

## Guest Spotlight

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Age: 46 Transplant: Kidney Hospital: Houston Methodist Hometown: Lubbock, TX

**Transplant Journey:** Leading up to the transplant, I had a kidney biopsy which showed membranous nephropathy. I began dialysis on June 26, 2016, for 6.5 years. I got a call on Jan 23, 2022, my birthday that I could go into surgery. It was the best birthday gift I could have ever received. Pre surgery dialysis was scheduled for the day we got to Houston. Dialysis drains you. Alas, the 1st kidney was not a match. I was told it was a 99.9% PRA, meaning that it would be a miracle to find a kidney that would work. My nephrology team explained that it's unlikely that a kidney would survive in my body... until a 2nd kidney was available. Doctors said "This is a miracle. When we saw this kidney, we knew this was for you." My body accepted it. I called my kidney 'Nazar', biblical name that means guardian.

What is the first thing you want to do after receiving your transplant?: I wanted to get up and walk. But I learned really quick you can't rush the recovery process. I just wanted it to work immediately.

What would you want to say to your donor?: "God's timing is perfect timing." This for me means a lot in my life. I am so thankful to the donor and the family of the donor. I hope they can find some solace that his living was not in vain. He is in return still giving life to others. He truly is a hero.

What has been your favorite space at Nora's Home?: There was a sofa next to the gym that I liked to sit on. It was so peaceful. I also enjoyed sitting outside in the patio space.



What do you enjoy most about Nora's Home? I came here February 4th. It's a peaceful place to be and a really good place to heal and recover. I would have to say the staff is something I like the most as they try to help whenever they can. They are always here for you and it's like a second family.

